


## FACULTY PROFILE

<b>NAME</b>	<b>Dr. ATUL MEETHAL</b>	
<b>DESIGNATION</b>	<b>ASSISTANT PROFESSOR IN PHYSICAL EDUCATION</b>	
<b>QUALIFICATION</b>	<b>M.P.Ed, M.Phil, Ph.D. BCCI LEVEL 'A' CRICKET COACH</b>	
<b>EMAIL ID</b>	<b>meethalatul@gmail.com</b>	
<b>TOTAL YEARS OF SERVICE</b>	<b>04</b>	
<b>DATE OF JOINING INTO THIS COLLEGE</b>	<b>22-06-2019</b>	
<b>ADDRESS</b>	<b>TIRANGA, 28/3118A KUTHIRAVATTOM (PO), KOZHIKODE, PIN – 673016</b>	

### POSITIONS HELD IN COLLEGE

<ul style="list-style-type: none"><li>• <b>PUBLIC RELATIONSHIP OFFICER OF COLLEGE (2022-23)</b></li></ul>
<ul style="list-style-type: none"><li>• <b>MEMBER OF COLLEGE INFRASTRUCTURE &amp; ACCOMODATION COMMITTEE (2022-23)</b></li></ul>
<ul style="list-style-type: none"><li>• <b>MEMBER OF COLLEGE CAMPUS BEAUTIFICATION COMMITTEE (2022-23)</b></li></ul>
<ul style="list-style-type: none"><li>• <b>MEMBER OF COLLEGE ACADEMIC MASTER PLAN COMMITTEE (2022-23)</b></li></ul>
<ul style="list-style-type: none"><li>• <b>MEMBER OF COLLEGE LADIES HOSTEL COMMITTEE (2022-23)</b></li></ul>

### TEACHING INTERESTS

<b>SPORTS TRAINING &amp; CRICKET</b>
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### RESEARCH AREAS

<b>EXERCISE PHYSIOLOGY &amp; SPORTS TRAINING</b>
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### RESEARCH GUIDESHIP AND CENTRE

<b>NIL</b>
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## MEMBERSHIPS IN BOARD/ ASSOCIATION/ PROFESSIONAL AFFILIATIONS

- LIFE TIME MEMBER OF INDIAN FEDERATION OF COMPUTER SCIENCE IN SPORTS (SINCE 2014)

## INVITED TALKS/IN MEDIA/ANY OTHER

- RESOURCE PERSON FOR THE WEBINAR “MYTHS & MISCONCEPTIONS ON PHYSICAL ACTIVITY” CONDUCTED BY Dr. B. R. AMBEDKAR MEMORIAL GOVT. ARTS & SCIENCE COLLEGE, BALUSSERY, KKD ON 25-07-2020
- RESOURCE PERSON FOR THE WEBINAR “EXERCISE-FITNESS-PERSONALITY” CONDUCTED BY GOVT. COLLEGE KODANCHERY ON 24-08-2020
- DELIVERED ONLINE KEYNOTE ADDRESS ON THE EVE OF NATIONAL SPORTS DAY CELEBRATION AT KV-02 CALICUT ON 25-08-2020
- DELIVERED ONLINE KEYNOTE ADDRESS ON THE EVE OF NATIONAL SPORTS DAY CELEBRATION AT KV-01 CALICUT ON 29-08-2020
- ACTED AS SUBJECT EXPERT IN THE LIVE PANEL DISCUSSION OF PRASAR BHARATI (DOORDARSHAN) “VARTHAMANA KALAM – REGARDING INDIA’S PERFORMANCE IN TOKYO OLYMPICS 2020” ON 09-08-2021

## JOURNAL PUBLICATIONS

SL.NO.	TITLE	NAME OF JOURNAL / VOL. NO / ISSUE NO / PAGE NOS	ISSN NO	MONTH / YEAR
1.	“ANALYSIS OF PLATELET COUNT AMONG FEMALE ATHLETES OF VOLLEYBALL, JUDO, AND FOOTBALL: A COMPARATIVE STUDY”	HEALTH, SPORT, REHABILITATION (SCOPUS) 2022;8(4):47-57,	ISSN: 2520-2677, E-ISSN: 2520-2685	25-12-2022

## CONFERENCE PUBLICATIONS:

SL.NO	TITLE of the paper	NAME OF THE CONFERENCE	AUTHOR NAMES	ISBN NO.	MONTH/ YEAR
<u>1</u>	IMPACT OF MODERN TECHNOLOGY IN THE ‘GAME OF THE GENTLEMAN’S	SCIENTIFIC INTERNATIONAL CONFERENCE ON PHYSICAL EDUCATION AND ALLIED SCIENCES ON	DR.ATUL MEETHAL, SHAIJAN S. K., RAJESH K. R.	ISSN: 2394-3114	VOL-40- ISSUE-62- MARCH-2020

		<b>THE THEME “HOLISTIC DEVELOPMENT FOR EXCELLENCE IN SPORTS PERFORMANCE, HEALTH &amp; WELL BEING” (GOA - 27<sup>TH</sup> TO 29<sup>TH</sup> FEBRUARY 2020)</b>			<b>STUDIES IN INDIAN PLACE NAMES (UGC CARE JOURNAL)</b>
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**BOOKS AS AUTHOR/EDITED/CHAPTERS/REVIEWS**

<b>SL.NO</b>	<b>TITLE</b>	<b>AUTHOR NAMES</b>	<b>ISBN NO.</b>	<b>MONTH/ YEAR</b>
<b>1.</b>	<b>“FITNESS CAPSULE FOR UNIVERSITY CURRICULUM”</b>	<b>ATUL MEETHAL (PRINCIPAL - AUTHOR)</b>	<b>978-82-920873-7-5</b>	<b>MAY 2015</b>

**PAPER PRESENTATION AT STATE / NATIONAL/ INTERNATIONAL PROGRAMMES**

<b>SL.N O</b>	<b>TITLE OF THE PAPER</b>	<b>NAME OF THE INSTITUTION</b>	<b>NAME OF THE CONFERENCE/SEMINAR</b>	<b>VENUE &amp; DATE</b>
<b>1.</b>	<b>“FACTS ON FITNESS”</b>	<b>CONDUCTED BY MES COLLEGE MARAMPALLY &amp; CHMKM GOVT. ARTS &amp; SCIENCE COLLEGE TANUR IN COLLABORATION WITH LONGFORD COLLEGE, IRELAND &amp; FA INNOVATIONS, UK</b>	<b>INTERNATIONAL CONFERENCE ON “A GLIMPSE INTO THE FUTURE OF SPORTS &amp; ALLIED SCIENCE SECTORS”</b>	<b>(27<sup>TH</sup> TO 29<sup>TH</sup> OCT 2020)</b>
<b>2.</b>	<b>“PHYSICAL LITERACY FOR A HEALTHY LIVING”</b>	<b>CONDUCTED BY KMM GOVT. WOMEN’S COLLEGE, KANNUR</b>	<b>INTERNATIONAL WEBINAR SERIES “IGNITE 2021”</b>	<b>04-11-2021</b>

**SEMINARS/CONFERENCES/WORKSHOPS ATTENDED**

<b>SL.NO</b>	<b>NAME OF THE PROGRAMME</b>	<b>NAME OF THE ORGANISER&amp; SPONSORING AGENCY</b>	<b>VENUE &amp; DATE</b>	<b>LEVEL *</b>
<b>1</b>	<b>THREE DAYS NATIONAL WORKSHOP ON 'QUALITY RESEARCH IN SPORTS SCIENCES; SPECIAL FOCUS ON IBM SPSS STATISTICS'</b>	<b>DIRECTORATE OF COLLEGIATE EDUCATION, GOVT. OF KERALA</b>	<b>GOVT. COLLEGE OF PHYSICAL EDUCATION, KOZHIKODE (9<sup>TH</sup>, 10<sup>TH</sup>, &amp; 11<sup>TH</sup> DECEMBER 2019) – 3 DAYS</b>	<b>NATION AL</b>
<b>2</b>	<b>NATIONAL SEMINAR ON 'PUBLIC FUNDED EDUCATION UNDER NDA TWO'</b>	<b>ASSOCIATION OF KERALA GOVERNMENT COLLEGE TEACHERS</b>	<b>(06-03-2020 AT TOWN HALL, THRISSUR) – 1 DAY</b>	<b>NATION AL</b>
<b>3</b>	<b>INTERNATIONAL WEBINAR – DOCTRINA-06 ON THE TOPIC "HEALTH &amp; WEIGHT MANAGEMENT DURING CORONA DAYS THROUGH LIFESTYLE CHANGES"</b>	<b>SIR SYED COLLEGE, TALIPARAMBA, KANNUR</b>	<b>27-05-2020 – 1 DAY</b>	<b>INTERN ATIONA L</b>
<b>4</b>	<b>INTERNATIONAL MULTIDISCIPLINARY WEBINAR SERIES- CONVERGENCE 2020 ON THE TOPIC "STAY PHYSICALLY ACTIVE &amp; AWAY FROM STRESS DURING LOCK DOWN"</b>	<b>SES COLLEGE, SREEKANDAPURAM</b>	<b>06-06-2020 – 1 DAY</b>	<b>INTERN ATIONA L</b>
<b>5</b>	<b>NATIONAL WEBINAR ON THE TOPIC "HOME FITNESS HITS THE RESET BUTTON: DURING THE POST LOCK DOWN PERIOD"</b>	<b>CHRIST COLLEGE (AUTONOMOUS), IRINJALAKUDA</b>	<b>10-07-2020 – 1 DAY</b>	<b>NATION AL</b>
<b>6</b>	<b>1 WEEK FDP ON STATISTICAL ANALYSIS USING SPSS</b>	<b>MANONMANIAM SUNDARNAR UNIVERSITY, TAMIL NADU PMMMNMTT SCHEME, MHRD, GOVT. OF INDIA</b>	<b>(05<sup>TH</sup> TO 11<sup>TH</sup> AUGUST 2020) – 7 DAYS</b>	<b>NATION AL</b>

**AWARDS/ACHIEVEMENTS/ POSITIONS/ OTHERS :**

- **KERALA PSC FIRST RANK HOLDER FOR THE POST OF ASSISTANT PROFESSOR IN PHYSICAL EDUCATION (COLLEGIATE EDUCATION - 2018)**
- **B.P.Ed - FIRST RANK HOLDER (KANNUR UNIVERSITY)**
- **M.P.Ed - SECOND RANK HOLDER (KANNUR UNIVERSITY)**
- **M.Phil - FIRST RANK HOLDER (ALAGAPPA UNIVERSITY)**
- **MEMBER OF CALICUT UNIVERSITY UG BOARD OF STUDIES IN PHYSICAL EDUCATION**
- **COACH CUM MANAGER OF CALICUT UNIVERSITY CRICKET (WOMEN) TEAM (2021-22) FOR SOUTH ZONE INTER UNIVERSITY TOURNAMENT HELD AT ANDHRA UNIVERSITY (12 TO 16 JUNE 2022)**
- **COACH CUM MANAGER OF CALICUT UNIVERSITY CRICKET (WOMEN) TEAM (2022-23) WHICH SECURED THIRD POSITION IN THE SOUTH ZONE INTER UNIVERSITY TOURNAMENT HELD AT JSS UNIVERSITY, MYSORE (31 JAN TO 05 FEB 2023)**
- **COACH CUM MANAGER OF CALICUT UNIVERSITY CRICKET (WOMEN) TEAM (2022-23) FOR ALL INDIA INTER UNIVERSITY TOURNAMENT HELD AT JSS UNIVERSITY, MYSORE (24 MAR TO 02 APR 2023)**

**OTHER RELEVANT INFORMATION IF ANY :**

- **GOVT. ARTS & SCIENCE COLLEGE WAS AWARDED THE 7<sup>TH</sup> BEST COLLEGE IN SPORTS (MEN) UNDER CALICUT UNIVERSITY FOR THE SPORTS PERFORMANCE IN 2021-22**